Hello,

Hope you are keeping well and staying safe!

You may have already heard of the work that the volunteers at **Howden Helpers** have been doing to make sure that, as a community, we continue to support those who are self-isolating, in quarantine, vulnerable and more at risk of infection.

As the lockdown has been further extended, we are aware that other members of our community may be facing financial challenges – perhaps through loss of earnings, delayed benefits and additional household costs as a result of having family members at home all day.

We would like everyone to feel that they can ask for additional support and we welcome all enquiries from those who are perhaps managing without free school dinners or worried about making ends meet as the weeks go on.

We have set up a Community Pantry, stocked by a combination of local donations and fundraising. This will enable us to help keep people's cupboards stocked with food (including the occasional treat), household and toiletry essentials (including sanitary products).

If you, or anyone you know, needs any assistance you can contact Howden Helpers;

by email - <a href="mailto:howdenhelpers@gmail.com">howdenhelpers@gmail.com</a> by phone - 07514059105

You can also make contact through your school if you would prefer.

All enquiries will be dealt with in confidence and with discretion.

Best wishes Howden Helpers

