

PSHE Department

In PSHE, we want our students to be curious, empathetic, self-aware, and opinionated. We therefore strive to provide an enriching, engaging and empowering curriculum using a variety of resources and materials to explore a range of issues and ideas.

	Term 1		Term 2		Term 3	
	<u>Relationships & Sex Education (RSE)</u>	<u>Relationships & Sex Education (RSE)</u>	<u>Health & Well-being (H&W)</u>	<u>Health & Well-being (H&W)</u>	<u>Staying Safe Online & Offline (SSO)</u>	<u>Staying Safe Online & Offline (SSO)</u>
Year 7	W1: What is PSHE? W2: W3: Consent & Boundaries W4: W5: Respect & Relationships W6: W7: What Makes a Good Friend	W8: W9: Friendships & Online Relationships W10: W11: Pressure, Influence & Friends W12: W13: What Does It Mean to Be a Man Today W14:	W15: Introduction to puberty W16: W17: Girl's puberty & periods W18: W19: Boys puberty	W20: W21: Personal hygiene W22: W23: Tooth decay and dental health W24:	W25: Avoiding gangs and criminal behaviour W26: W27: Staying safe online W28: W29: Online gaming, grooming and addiction W30: W31: Alcohol and risk W32:	W33: Nicotine and smoking W34: W35: E-cigs and vaping W36: W37: Snus & nicotine pouches W38: W39: Energy drinks and caffeine
Year 8	W1: Relationships & Sex Education W2: W3: Healthy Respectful Relationships W4: W5: What Is Love W6: W7: Dealing With Conflict	W8: W9: Periods & Menstrual Cycles W10: W11: Introduction to contraception W12: W13: Sexual Orientation W14:	W15: What is mental health? W16: W17: Positive body image W18: W19: Child abuse	W20: W21: Types of bullying W22: W23: Healthy eating & cholesterol W24:	W25: What is loneliness? W26: W27: Is it banter or bullying? W28: W29: Peer pressure and risk taking W30: W31: Personal safety W32:	W33: Personal safety around water W34: W35: Respect: why women deserve it W36: W37: Why sexist jokes are wrong W38: W39: Knife crime and safety
Year 9	W1: Sexual Consent and the law W2: W3: Domestic abuse and domestic violence W4: W5: Sexual harassment and stalking W6: W7: What are STIs	W8: W9: Contraception explored W10: W11: Contraception – condoms W12: W13: HIV & AIDS W14:	W15: Bullying in all its forms W16: W17: Learning Disabilities W18: W19: Prejudice & Discrimination	W20: W21: Dealing with grief and loss W22: W23: Cancer prevention and healthy lifestyles W24:	W25: Conspiracy theories and extremist narratives W26: W27: Forms of extremism W28: W29: What is terrorism W30: W31: War and conflict W32:	W33: The radicalisation process W34: W35: How does counter terrorism work W36: W37: Antisemitism W38: W39: Breaking Down Stereotypes

PSHE Department

In PSHE, we want our students to be curious, empathetic, self-aware, and opinionated. We therefore strive to provide an enriching, engaging and empowering curriculum using a variety of resources and materials to explore a range of issues and ideas.

Year 10	W1: FGM and the law W2: W3: Relationships & partners W4: W5: Sexting, Nudes & Penis Pics W6: W7: Why have sex	W8: W9: Pleasure & delaying sexual activity W10: W11: Unhealthy Relationships, Sexual Assault & Rape W12: W13: Online Pornography W14:	W15: Child sexual abuse W16: W17: Masculinity + Misogyny W18: W19: Self-harm	W20: W21: Suicide (thoughts and feelings) W22: W23: Promoting emotional wellbeing W24:	W25: Honour based violence W26: W27: Forced marriage and breast ironing W28: W29: Online gaming and gambling W30: W31: Social media validation W32:	W33: Modern-day slavery W34: W35: Keeping your data safe W36: W37: WORK EXPERIENCE W38: W39: Causes of knife crime
Year 11	<u>Relationships & Sex Education (RSE)</u> W1: Child on Child abuse W2: W3: Fertility and what impacts it W4: W5: Alcohol, parties and bad choices W6: W7: Importance of sexual health	<u>Careers Education (CAR)</u> W9: Careers Lesson 1 W10: W11: Careers Lesson 2 W12: W13: Careers Lesson 3 W14:	<u>Careers Education (CAR)</u> W15: Careers Lesson 4 W16: W17: Careers Lesson 5 W18: W19: Careers Lesson 6	<u>Health & Well-being (H&W)</u> W20: W21: Testicular & prostate cancer W22: W23: Breast cancer, cervical cancer & screening W24:	<u>Staying Safe Online & Offline (SSO)</u> W25: Virtual reality & live streaming W26: W27: Online reputation & digital footprints W28: W29: Targeted advertising and your data W30: W31: New psychoactive substances W32:	<u>Staying Safe Online & Offline (SSO)</u> W33: Festivals and nitrous oxide W34: W35: Substance addiction W36: W37: First Aid (Part One) W38: W39: First Aid (Part Two)

PSHE Department

In PSHE, we want our students to be curious, empathetic, self-aware, and opinionated. We therefore strive to provide an enriching, engaging and empowering curriculum using a variety of resources and materials to explore a range of issues and ideas.

	Term 1		Term 2		Term 3	
Year 7 ACE	<u>Equality, Diversity & British Values (EDBV)</u> W1: Why is politics important (Part One) W2: Why is politics important (Part Two) W3: How is our country run (Part One) W4: How is our country run (Part Two) W5: The role of the prime minister (Part One) W6: The role of the prime minister (Part Two) W7: The monarchy and king Charles (Part One)	<u>Equality, Diversity & British Values (EDBV)</u> W8: The monarchy and king Charles (Part Two) W9: Political debates and parliament (Part One) W10: Political debates and parliament (Part Two) W11: Elections and campaigning (Part One) W12: Elections and campaigning (Part Two) W13: Creating a political party (Part One) W14: Creating a political party (Part Two)	<u>Health & Well-being (H&W)</u> W15: Growing Up (Part One) W16: Growing Up (Part Two) W17: Self-esteem (Part One) W18: Self-esteem (Part Two) W19: Being positive (Part One)	<u>Health & Well-being (H&W)</u> W20: Being Positive (Part Two) W21: Proud to be me (Part One) W22: Proud to be me (Part Two) W23: Sleep and relaxation (Part One) W24: Sleep and relaxation (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W25: Intro to tax: what is it and who pays it in the UK? (Part One) W26: Intro to tax: what is it and who pays it in the UK? (Part Two) W27: How does the government use our taxes (Part One) W28: How does the government use our taxes (Part Two) W29: Advertising tricks: How are we manipulated to spend? (Part One) W30: Advertising tricks: How are we manipulated to spend? (Part Two) W31: Becoming a responsible citizen (Part One) W32: Becoming a responsible citizen (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W33: How deepfakes are being used in politics (Part One) W34: How deepfakes are being used in politics (Part Two) W35: How to avoid financial scams (Part One) W36: How to avoid financial scams (Part Two) W37: What is a community W38: Census 2021 – Multicultural Britain (Part One) W39: Census 2021 – Multicultural Britain (Part Two)
Year 8 ACE	<u>Staying Safe Online & Offline (SSO)</u> W1: County Lines – What is it (Part One) W2: County Lines – What is it (Part Two) W3: County Lines – Who is at risk (Part One) W4: County Lines – Who is at risk (Part Two) W5: Substance misuse (Part One) W6: Substance misuse (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W8: Cyberbullying (Part Two) W9: Online grooming (Part One) W10: Online grooming (Part Two) W11: Alcohol safety (Part One) W12: Alcohol safety (Part One) W13: Child exploitation and online protection (Part One) W14: Child exploitation and online protection (Part Two)	<u>Health & Well-being (H&W)</u> W15: Health & well-being (Part One) W16: Health & well-being (Part Two) W17: Being yourself and self-love (Part One) W18: Being yourself and self-love (Part Two) W19: What Is Your Identity (Part One)	<u>Health & Well-being (H&W)</u> W20: What Is Your Identity (Part Two) W21: Stress management (Part One) W22: Stress Management (Part Two) W23: Importance of being kind (Part One) W24: Importance of being kind (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W25: What are deepfakes? (Part One) W26: What are deepfakes? (Part Two) W27: Deepfakes, bullying & digital literacy (Part One) W28: Deepfakes, bullying & digital literacy (Part One) W29: AI generated sexual imagery (Part One)	<u>Staying Safe Online & Offline (SSO)</u> W33: Algorithms (Part One) W34: Algorithms (Part Two) W35: How AI is changing our thinking (Part One) W36: How AI is changing our thinking (Part Two) W37: Illegal online behaviours (Part One) W38: Illegal online behaviours (Part Two)

PSHE Department

In PSHE, we want our students to be curious, empathetic, self-aware, and opinionated. We therefore strive to provide an enriching, engaging and empowering curriculum using a variety of resources and materials to explore a range of issues and ideas.

	W7: Cyberbullying (Part One)				W30: AI generated sexual imagery (Part One) W31: AI & Chat bots (Part One) W32: AI & Chat bots (Part One)	W39: Multicultural Britain
Year 9 ACE	<u>Relationships & Sex Education (RSE)</u> W1: Relationships & Partners (Part One) W2: Relationships & Partners (Part Two) W3: Delaying sexual activity (Part One) W4: Delaying sexual activity (Part Two) W5: How self-esteem changes (Part One) W6: How self-esteem changes (Part Two) W7: What is a penis (Part One)	<u>Relationships & Sex Education (RSE)</u> W8: What is a penis (Part Two) W9: What is a vulva (Part One) W10: What is a vulva (Part Two) W11: Treating STIs (Part One) W12: Treating STIs (Part Two) W13: Contraception explored further (Part One) W14: Contraception explored further (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W15: What is a drug (Part One) W16: What is a drug (Part Two) W17: Different types of addiction (Part One) W18: Different types of addiction (Part Two) W19: Cannabis products (Part One)	<u>Staying Safe Online & Offline (SSO)</u> W20: Cannabis products (Part Two) W21: Party drugs & illegal drugs (Part One) W22: Party drugs & illegal drugs (Part One) W23: Volatile substance abuse (Part One) W24: Volatile substance abuse (Part Two)	<u>Equality, Diversity & British Values (EDBV)</u> W25: Equality Act 2010 (Part One) W26: Equality Act 2010 (Part Two) W27: LGBTQ+ What is it (Part One) W28: LGBTQ+ What is it (Part Two) W29: LGBTQ+ across the world (Part One) W30: LGBTQ+ across the world (Part Two) W31: HIV & AIDS discrimination W32: Gender Equality (Part One)	<u>Equality, Diversity & British Values (EDBV)</u> W33: Gender Equality (Part Two) W34: Ableism (Part One) W35: Ableism (Part Two) W36: Removing the barriers (Part One) W37: Removing the barriers (Part Two) W38: Racism & discrimination in society (Part One) W39: Racism & discrimination in society (Part Two)

PSHE Department

In PSHE, we want our students to be curious, empathetic, self-aware, and opinionated. We therefore strive to provide an enriching, engaging and empowering curriculum using a variety of resources and materials to explore a range of issues and ideas.

Year 10 ACE	<u>Staying Safe Online & Offline (SSO)</u> W1: What is sextortion (Part One) W2: What is sextortion (Part Two) W3: Positive male role models & incel culture (Part One) W4: Positive male role models & incel culture (Part Two) W5: Marriage, Cohabiting & Civil Partnerships (Part One) W6: Marriage, Cohabiting & Civil Partnerships (Part Two) W7: Ending relationships (Part One)	<u>Staying Safe Online & Offline (SSO)</u> W8: Ending relationships (Part Two) W9: Financial abuse and control (Part One) W10: Financial abuse and control (Part Two) W11: Personal safety in unfamiliar places (Part One) W12: Personal safety in unfamiliar places (Part Two) W13: Screen time (Part One) W14: Screen time (Part Two)	<u>Equality, Diversity & British Values (EDBV)</u> W15: Critical thinking & fake news (Part One) W16: Critical thinking & fake news (Part Two) W17: Hate crimes (Part One) W18: Hate crimes (Part Two) W19: British Values and identity (Part One)	<u>Equality, Diversity & British Values (EDBV)</u> W20: British Values and identity (Part Two) W21: Individual Liberty (Part One) W22: Individual Liberty (Part Two) W23: Mutual Respect & tolerance (Part One) W24: Mutual Respect & tolerance (Part Two)	<u>Health & Well-being (H&W)</u> W25: What is a GP (Part One) W26: What is a GP (Part Two) W27: Role of pharmacists (Part One) W28: Role of pharmacists (Part Two) W29: Local Healthcare systems (Part One) W30: Local Healthcare systems (Part Two) W31: Antimicrobial resistance (Part One) W32: Antimicrobial resistance (Part Two)	<u>Health & Well-being (H&W)</u> W33: Menstrual health (Part One) W34: Menstrual health (Part Two) W35: Unhealthy Weight Gain (Part One) W36: Unhealthy Weight Gain (Part Two) W37: WORK EXPERIENCE W38: Organ and blood donation W39: Mental health illnesses
Year 11 ACE	<u>Staying Safe Online & Offline (SSO)</u> W1: Group chats & antibullying (Part One) W2: Group chats & antibullying (Part Two) W3: Why vaping is popular but dangerous (Part One) W4: Why vaping is popular but dangerous (Part Two) W5: Online misinformation (Part One) W6: Online misinformation (Part Two) W7: Social Media v Real Life (Part One)	<u>Relationships & Sex Education (RSE)</u> W8: Social Media v Real Life (Part Two) W9: Revisiting STIs (Part One) W10: Revisiting STIs (Part Two) W11: Revisiting Contraception (Part One) W12: Revisiting Contraception (Part Two) W13: Respect, Love & Relationships (Part One) W14: Respect, Love & Relationships (Part Two)	<u>Staying Safe Online & Offline (SSO)</u> W15: Cyber flashing (Part One) W16: Cyber flashing (Part Two) W17: Upskirting W18: Virginity Testing & Hymenoplasty W19: Screen addiction & studying	<u>Equality, Diversity & British Values (EDBV)</u> W20: What is justice W21: Democracy Explored W22: Media literacy & digital resilience (Part One) W23: Media literacy & digital resilience (Part Two) W24: Sex trafficking	<u>Health & Well-being (H&W)</u> W25: Moral & ethical decisions (Part One) W26: Moral & ethical decisions (Part Two) W27: Abortion laws & ethics (Part One) W28: Abortion laws & ethics (Part Two) W29: Teenage pregnancy choices W30: Parenthood for teenagers (Part One) W31: Parenthood for teenagers (Part Two) W32: Healthy pregnancy behaviours	<u>Equality, Diversity & British Values (EDBV)</u> W33: Debating & discussions (Part One) W34: Debating & discussions (Part Two) W35: What are human rights (Part One) W36: What are human rights (Part Two) W37: Grime music & violence (Part One) W38: Grime music & violence (Part Two) W39: Campaigning against FGM